



December 23, 2021

Aloha Residents, Families and Friends,

On Wednesday, December 22, 2021 Aloha Nursing Rehab Centre was notified that a fully vaccinated direct care worker has tested positive for COVID-19. The last time this individual was in the facility was on Wednesday, December 15, 2021. Per Hawaii Department of Health Outbreak Division when determining risk of exposure to residents and staff, it is based on a 48 hour look back period from symptom onset. The facility and DOH has determined that there was no direct exposure to our residents or the facility.

Out of abundance of caution we are notifying the responsible parties and COVID tested the residents that the direct care worker had contact with. We will continue to monitor these residents for development of symptoms for 14 days.

The Delta and Omicron COVID variants are highly transmissible. We are seeing multiple clusters of the virus across the island. We all have the ability to play a significant role in combating this pandemic. We urge everyone to do their part both in and outside of the facility to stop the spread of the virus.

We encourage you, your family and friends to:

- Wear facemasks or cloth face covering at all times (including in cars, homes, restaurants, etc.).
- Keep safe around food and drinks. Avoid eating and drinking from another individuals' plate, utensil and cup.
- Perform hand hygiene often (e.g., wash hands with soap and water or alcohol-based hand sanitizer).
- Limit contact with commonly touched surfaces or shared items.
- Clean and disinfect frequently touched surfaces.
- For those attending a gathering, avoid contact (physically distance) with individuals outside of your household.
- If at all possible, spend your gathering time outdoors. Indoor gatherings should have good ventilation, open windows and doors if possible.
- If you are feeling ill, please postpone your visit to when you are feeling better.

We ask that you consider these suggestions in preventing the spread of COVID-19.

Please continue to do periodic self-wellness check for COVID-19 symptoms which include: fever, headache, sore throat, scratchy throat, dry throat, nasal congestion, runny nose, cough, chest congestion, sneezing, chills, muscle ache/pain, unusual tiredness or fatigue, nausea, vomiting, diarrhea, loss of taste and/or smell, shortness of breath or other respiratory illness. If you experience any of the above symptoms, please contact your health care provider.

Merry Christmas and Happy New Year.

Veronica Kemp RN
Infection Preventionist